



September 13th, 2023

Dear Parents/Guardians,

Grade 1 to 4 students will be participating in **Strathcona's Swimming & Water Safety programs** from October to December at the Emerald Hills Leisure Centre, for a total of 8 lessons.

Participation in swimming lessons provides students with the opportunity to meet a variety of learning outcomes in the physical education and wellness curriculum, such as:

- Participate in a variety of physical activities that develop various components of physical fitness
- Integrate elements of movement in various physical activities
- Planning for active living is an important step for leading a healthy life
- Participate in physical activities that require various levels of exertion

The Swimming Schedule this year will be as follows:

- **Tuesdays: Group #1 : (1:00-1:45):**
 - Oct. 3rd, Oct. 10th, Oct. 17th, Oct. 24, Nov.14th, Nov. 21st, Nov.28th, Dec.5th
 - **Class:** Ms Gauthier - 3/4G
 - **Class:** Mrs. LaRose - 2L
- **Tuesdays: Group #2 (1:45-2:30):**
 - Oct. 3rd, Oct. 10th, Oct. 17th, Oct. 24, Nov.14th, Nov. 21st, Nov.28th, Dec.5th
 - **Class:** Miss Podoborzny - 4P
 - **Class:** Mrs. Vukovic - 3V
- **Thursdays: Group #1 (1:00-1:45):**
 - Oct. 5th, Oct.12th, Oct. 19th, Oct.26th, Nov.2nd, Nov.16th, Nov.23rd, Nov.30th
 - **Class:** Mrs. Stadnick & Ms. Wiunow - 1S/W
 - **Class:** Ms. Bourassa - 1B
- **Thursdays: Group #2 (1:45-2:30):**
 - Oct. 5th, Oct.12th, Oct. 19th, Oct.26th, Nov.2nd, Nov.16th, Nov.23rd, Nov.30th
 - **Class:** Mrs. Obiobala - 2/3O
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(*Please note: There will be no swimming lessons on Oct.31st, Nov.7th, Nov.9th)**

The cost for swimming lessons including busing is **\$60.96** (\$46.96 for swimming lessons & \$14.00 for busing). By completing the attached forms you are agreeing to the participation of your child in this enhanced educational activity and the fee will be applied to your child's account in PowerSchool. Payment can be made through your parent portal account. Payment must be made prior to their first lesson in order to participate. **Please note: This fee is due by Friday, September 22nd, 2023.**

We are in need of supervisors to help in the change room at Emerald Hills Leisure Center. Your child's teacher will be putting out a request according to the needs of the class. Supervisors will need the following: Criminal Record Check, Child Intervention Check. Please contact the school office for the documentation to complete the volunteer requirements.

Parents, please note that Strathcona County has transitioned from the **Red Cross "Swim Kids"** program to the **Lifesaving Society's "Swim For Life"** aquatics learn to swim program and lifesaving programs. Enclosed you will find more information on the updates as well as a transition sheet to help you determine where your child should be placed in the "Swim for Life" program based on their most recent level of achievement from Red Cross's "Swim Kids." If you are unsure which level your child should be in, you can simply write "Don't know" on this section of the Strathcona County Registration form blank. The swimming pool staff can look up participants' swim history or we can assess children on the first day of swimming to help in determining their swimming level.

Parents please fill out the following two permission forms and send back to school to your child's homeroom teacher by **Friday, September 22nd:**

- Strathcona County: Recreation Programs - School Aquatic Lessons Registration
- Informed Consent Form: Swimming (Lifeguard)

Please note: If your child is not participating, they will accompany their class to the pool along with their teacher to work on other activities pool side.

Additional Information about the Swim for Life Program and swimming lessons through Strathcona County can be found on the Strathcona County Website at: <https://www.strathcona.ca/recreation-events/activities/recreation-programs/aquatic-programs/lifesaving-society-swimming-lessons/>