



**Family Oriented Programming (FOP) Sign-Up  
Sherwood Park 2019-2020**

***Select 10 FOP sessions from the list below. Thank you!***

***FOPs are an integral part of PUF programming and enable both the family and the schools to serve the needs of the children by empowering parents with information and skills.***

- Intake September 3,5,& 6 , 9:00 for AM , 12:30 for PM***
- September 4, 9:00 - 10:30 am (For AM Class): Introduction to Brighter Beginnings
- September 4, 11:00 am - 12:30 pm (For PM Class): Introduction to Brighter Beginnings
- September 18, 1:30 - 3:00 pm: Strathcona County Parent Link tour and play
- September 25, 10:00 - 11:30 am: It's OK to Have Expectations
- October 2, 5:30 - 7:00 pm: Enchanted Forest - at the Strathcona County Library
- October 31, 9:00 - 10:30 am Halloween Demonstration of Learning
- October 31, 11:00 - 12:30 am: Book Club - The Danish Way of Parenting pt. 1
- November 6, 2017, 9:00 - 10:30 am: Sneaky Speech (Part 1): 2 & 3 Year Old Speech Sounds
- November 7, 2017, 5:30 - 7:00 pm: Exploring Seasons Nature Walk
- November 20, 11:00 - 12:30 am: Book Club - The Danish Way of Parenting pt. 2
- November 28, 5:30 - 7:00 pm: De-escalation Training
- December 4, 9:00 - 10:30 am: Christmas Tinkerlab
- December 4, 5:30 - 7:00 pm: Christmas Tinkerlab
- December 11, 9:00 - 10:30 am: Choking Hazards and How to Avoid Them
- December 11, 11:00 - 12:30 am: Book Club - The Danish Way of Parenting pt. 3