

Madonna Catholic School



January 07, 2020

Dear Parents/Guardians,

Alien In-Line Skating is coming to Madonna from January 20 - January 24, 2020! This activity has been a great success in the past and we hope you are looking forward to this year's program.

We would like to thank the School Council who have donated half of the cost of the program to this activity. However, due to the additional cost, we will be asking each student to pay the following amounts which will be added to your Powerschool account. Please log in to your parent portal to pay for this program. Please note these numbers are calculated on the maximum students participating and are subject to change.

- ECS will participate 2 times this week = **\$5.50**
- Grades 1 - Grade 3 will participate 5 times this week = **\$9.50**
- Grade 4 will participate 5 times this week = **\$9.50**

Alien In-Line skating will provide students with many basic and advanced skating skills. Skills introduced will vary based on student's abilities and may include: standing on skates/basic position, simple forward motion, several ways to stop, several ways to turn, safe skating strategies, road/pathway etiquette, and non-aerial jumping. The instruction time is followed by games chosen to use the skills in a more active situation. Some sessions may end with a period of free skating time, often accompanied by music.

Alien In-Line will provide protective gear for each student (knee pads, elbow pads, wrist guards, helmet). Each student is required to wear it at all times. They will be teaching students the importance of wearing protective gear while skating - and recommend that you, as parents, reinforce this message at home and also require your children to gear up before skating.

Alien In-Line strictly requires **ALL** students to wear a certified helmet at **ALL** times while on skates. They will provide certified helmets for all students but are aware that use of shared helmets can contribute to the spread of head-lice. Due to allergy and environmental concerns, they do **NOT** treat their helmets with anti-lice pesticides - and suggest that parents concerned about head-lice have children bring their own helmet to school for use during the Alien In-Line program. **If possible, each student should bring their own CFA approved helmet.** Students should wear comfortable fitting clothes on skating days (not too tight and not too baggy). Skirts or dresses should be avoided. All students should have clean, dry socks.

Parent volunteers are welcome and would greatly be appreciated. Students in all grades will need help putting on their skates and equipment. This skating schedule for the week is attached. Please take a look at the times available to see if you are able to come in and assist us and let the teacher know if you are able to help out. You are more than welcome to help out at any time with any class if you are available. Thank you!

Sincerely,

Mrs. Antoniuk and Mrs. Lindbeck

Phone: (780) 467-7972

Website: <https://mcs.eics.ab.ca>