

***Mark Your Calendars***  
***Co-Parenting Workshop***  
***Helping Families Thrive not Just Survive***



**The presenters will help you find new ways to:**

- **Make your child a priority**
- **Understand the impact of separation conflict on children's brain development**
- **Understand the impact of separation on your child**
- **Choose a better way to communicate with each other**
- **Learn skills to deal with resentment, anger and conflict**

**Registration is required**

**[laurie@irelate.ca](mailto:laurie@irelate.ca) - 780 235 8212**

**Fee: \$40.00 per person**

**Date: Saturday, November 17, 2018**

**Time: 9:00am to 4:00pm**

**Location: Park Centre & Hotel,  
Sherwood Park**