



September 28, 2018

Dear Parents:

Madonna's Flex Programming Options Session 1 are starting!

This is an opportunity for students to be given choices based on their individual interests. Through the use of project-based learning activities and "flex" time, teachers are able to provide students with extended learning opportunities. "The fundamental goal of education is to inspire all students to achieve success and fulfillment, and reach their full potential by developing the competencies of Engaged Thinkers and Ethical Citizens with an Entrepreneurial Spirit, who contribute to a strong and prosperous economy and society." (Ministerial Order on Student Learning #001/2013)

Our first scheduled flex session will run on Fridays - Block 7 & 8 (1:00 to 2:00 pm). Sessions are on the following dates: Oct. 12th, 19th, 26th and Nov. 2nd.

Please sign your child up for a session at **www.schoolinterviews.ca** using event code **fxprg** and follow the instructions on the screen.

Session availability is based on a first come first serve basis and are limited in numbers. We may be offering some of the same choices during other flex sessions throughout the year based on popularity.

Thank-you to Parent Council for their continued financial support of these programing Opportunities.

If you have any questions, please contact the office at 780-467-7972.

Mrs. Antoniuk and Mrs. Hinger Enclosure

## # 1 Flex Options for Grade 1 & 2

Earth Club Dioramas	Learn about the Earth and the animals that inhabit it! Students scientific inquiry and curiosity will be impacted by choosing an animal, learning about it's habitat and then creating a shoebox diorama. During this time we will also learn about different
	ecosystems, how animals use camouflage and what they need to survive. Students will create their shoebox diorama to display the animal and its habitat using plasticine, paint and oven bake clay (for their animal). Please note this Flex option will be in charge of filling the bird feeders around the outside of the school. Please send a shoebox with your child to complete the diorama or a box from the dollar store with a lid.
	Our Saving the Earth Promise captures the bigger picture on the values being taught in this program.  "The Earth is my home. I promise to keep it healthy and beautiful. I will love the land, the air, the water, and all living creatures. I will be a defender of my planet. United with friends and God, I will save the Earth."
Soapstone Carving	Your child will have the opportunity to learn all about soapstone carving. They will choose the animal of their choice and then using appropriate tools (rasp, bucket, sandpaper, oil, etc) will spend their flex time transforming their cut out animal. By the end they will have a beautiful oiled soapstone figure that we will put on display and later be able to take home!
	Upon registering please email with your child's choice of animal for them to carve at <b>stephaniel@eics.ab.ca</b> If I have not received your child's selection by Oct.1st, I will pick an animal for them. This is to ensure that they will have something to carve on the first day of flex. They will have the option of a bear, Inukshuk, sea turtle, rabbit, howling wolf, dolphin, butterfly, seal, penguin or brontosaurus.
Fit Kids	Fit Kids Club will give students a chance to get sweaty while having fun! Students will focus on running skills to build endurance and on specific sport skill development each week.

## # 1 Flex Options for Grade 3 & 4

Plasticine Portraits	Few art mediums kindle growth and skills in children in the way that working with plasticine does. Working with plasticine enhances sensory development, motor skills, problem solving and self-expression. In this Flex Option, students will create a self-portrait using plasticine! We will examine pictures in Barbara Reed's books and watch tutorial videos on techniques for mixing colours, creating shapes, and use of texture. Over the four weeks students will create a 3-D self-portrait in the style of Barbara Reed.
Fitness Fanatics	Physical literacy is when children develop the skills, confidence, and love of movement to be physically active for life. Physical literacy gives children the tools they need to take part in physical activity and sport, both for healthy lifelong enjoyment and for sporting success. Fitness Fanatics is an opportunity for your child to engage in a variety of fundamental movements skills, physical activity, and sports while also learning about the importance/significance of sportsmanship, health benefits, and ways they can maintain a healthy active life. Together let's explore the fun of movement and getting active!
PALs (Peer Active Leadership	PALS will give students a chance to be school leaders. Each class will give the students opportunities to improve public speaking, lead small groups in a game, and be leaders at some school Assemblies and events. Students will focus on leadership skills to increase their confidence.
Learn To Code - Beginner and Advanced	Coding provides opportunity for students to learn to see the world through the lens of computational thinking. Through the use of computers and robotics, students will strengthen problem solving ability, recognize patterns, and begin to build an understanding of abstract concepts.
Learn to Sew	Students will create beginner sewing projects for themselves and learn how to cut material and sew seams and buttons on by hand. As they progress, they will move on to sewing machine projects and let their creativity flow! The sky's the limit!