

# OCTOBER

Kindergarten 2023

| MON   | TUE                             | WED   | THU                      | FRI                       |
|---|---------------------------------|---|--------------------------|---------------------------|
| National Day for Truth and Reconciliation – school closed | First Rider                     | First Rider Spirit Day: favorite color Early Out (2:13) | 5                        | PD Day –<br>school closed |
| 7<br>Thanksgiving-<br>school closed                       | 10<br>TTH Library<br>Field Trip | 11  | 12                       | <b>13</b> MW              |
| MW Library<br>Field Trip                                  | 17                              | 18 Parent Council Meeting 7pm                           | 19                       | <b>20</b> TTH             |
| Living Rosary Assembly 9:00am                             | <b>24</b> Photo Retakes         | 25  | <b>26</b> Bend the Rules | Bend the Rules<br>MW      |
| 30<br>Halloween   | 31<br>Halloween                 |   |                          |                           |

## Looking Ahead

- 3 Way Conferences (parent-teacher-student interviews) and book fair November 1&2
- Fall Break November 4-12



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# UPCOMING EVENTS

Oct. 2

School Closed

Oct. 3

First Rider Bus Lesson

Oct. 4

First Rider Bus Lesson

Spirit Day

Early Out (2:13pm)

Oct. 6

School Closed

Oct. 9

Thanksgiving

School Closed

Oct. 10

TTH Library Field Trip

Oct. 16

MW Library Field Trip

Oct. 18

Parent Council

Oct. 23

Living Rosary

Oct. 24

Photo Retakes

Oct. 26&27

Bend the Rules

Oct. 30&31

Halloween

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### OUR LEARNING

We have had a busy first month of school and have learned so much already! October is a beautiful time to focus on the changing of the seasons and what the colder weather means for the animal neighbors! As October rolls along we will also be exploring gratefulness with Thanksgiving, and of course, talking all things Halloween.

In literacy, we are examining ways in which we share and receive information and stories, comparing a variety of literature (digital, non-digital, fiction, nonfiction), and exploring compound words. In numeracy, we are focusing on the number 10! Exploring the different ways to count and represent groups within 10, as well as putting groups of 10 together.

We have been discussing prayer and what it means to pray to God. We will continue to explore this, especially as it pertains to being thankful. We will also discuss the Rosary in preparation for our Living Rosary celebration this month.

We are still working hard on our school rules and routines and working on our friendship skills! It has been amazing to see students meet new friends and build relationships!

### NOTES & REMINDERS

Please ensure that your child is dressed for the weather every day! We are getting to the point in the year where a warm jacket is usually needed, and on colder days, mittens and a toque are recommended. We are outside for a minimum of 45 minutes/day. Friday was very wet and chilly, and a little bit of a wake up call for myself! Please don't forget to label all clothing and items!

Friendly reminder that school library books are due back Monday or Tuesday each week, though students are welcome to return their books early if desired. Students can take out a new book when the previous week's books are returned.



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#### Field Trips

Oct. 10

TTH Library Field Trip 1-2:30pm

Oct. 16

MW Library Field Trip 9:15-10:45

We would love to have an additional parent join us for both trips!

#### Halloween

We will be celebrating Halloween on both October 30&31 this vear. Students are welcome to wear their costumes to school (with regular clothing underneath). Full time students are welcome to celebrate both days or just their preferred day. We will also have a visit from our Linking Generations arandparent, Barb, on both days!

### Welcome Ms. Douglas!

Please join me in welcome Ms. Douglas to our classroom! Ms. Douglas is in her last year of a combined degree in Native Studies and education. Though she has a wealth of knowledge already, she is excited to learn and grow with us in kindergarten! We are thrilled that Ms. Douglas will be joining us until Christmas.

### Social Learning

Working and learning at school is influenced by a child's **executive functioning** skills-which are currently developing and will continue to do so through adolescence. For a brief explanation of executive function see <a href="this video">this video</a> from the Alberta Family Wellness Initiative.

An important part of kindergarten is learning and growing in a group setting. This involves following school rules, social rules, and rules in play, as well as understanding boundaries-one's own boundaries, and the boundaries of others. All of this puts a child's executive function to work!

In our classroom and on the playground, we are working on identifying when we do not like a situation or type of play, using a strong voice to say "no" or "stop," and using their hand in front of them in a "stop" gesture. Additionally, we are working on responding to a peer when they use this language, and what the next steps would be to resolve the problem. If unsuccessful, we encourage students to get an adult to help. Emma, the Mental Health Capacity Builder working in our school, will be exploring this topic in her lessons as well.

#### Family Photo reminder

Don't forget to send in a family photo for your child to show the class and hang on our family wall! Students have loved sharing about their family with their peers!